### February 2009

[KU 1011] Sub. Code: 4702

### **B.Sc (Nursing ) DEGREE EXAMINATION**

(New Regulations for the candidates admitted from 2006-07 onwards)

#### First Year

### Paper II – NUTRITION AND BIOCHEMISTRY

Q.P. Code: 664702

Time: Three hours Maximum: 75 marks

### **Answer ALL questions.**

**Answer Section A and Section B SEPARATELY.** 

# SECTION – A (NUTRITION)

I. Essay: (1 x 15=15)

1. How will you plan and conduct a nutrition education programme in a village with reference to vitamin A deficiency?

### **II. Write Short Notes on:**

 $(3 \times 5=15)$ 

- 1. Basic 5 food groups.
- 2. Functions of calcium and phosphorus.
- 3. Classification of lipids.

### **III. Short Answer Questions:**

 $(5 \times 2=10)$ 

- 1. Name 2 sources of carbohydrates.
- 2. Name two signs and two symptoms of PEM.
- 3. Mention two sources of proteins.
- 4. Define BMR.
- 5. Write two signs and two symptoms of rickets.

## SECTION – B (BIOCHEMISTRY)

I. Essay:  $(1 \times 15=15)$ 

1. Write in detail about the synthesis and break down of haem and the disorders associated with bilirubin metabolism.

### **II. Write Short Notes on:**

 $(2 \times 5=10)$ 

- 1. Ketone bodies.
- 2. Vitamin C

### **III. Short Answer Questions:**

 $(5 \times 2=10)$ 

- 1. Biuret test.
- 2. Vandenberg test.
- 3. Name the Lipotropic factors.
- 4. Creatine clearance test.
- 5. Name four lipoproteins.

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### August 2009

[KV 1011] Sub. Code: 4702

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#### First Year

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### **Answer ALL questions.**

Answer Section A and Section B SEPARATELY.

# SECTION – A (NUTRITION)

I. Essay: (1 x 15=15)

1. Briefly explain about water soluble vitamins.

II. Write Short Notes on: (3 x 5=15)

1. Protein calorie malnutrition.

2. Vitamin "A" deficiency.

3. Dietary fibre.

### **III. Short Answer Questions:**

 $(5 \times 2=10)$ 

- 1. Two types of supplementary foods.
- 2. List out the two types of cooking method.
- 3. Write two functions of calcium.
- 4. List out the types of rancidity.
- 5. List out the essential fatty acids.

## SECTION – B (BIOCHEMISTRY)

I. Essay:  $(1 \times 15=15)$ 

1. Describe Urea cycle. What is the normal blood urea level?

## II. Write Short Notes on: (2 x 5=10)

1. Metabolic Acidosis.

2. Metabolic role and deficiency manifestation of ascorbic acid.

### **III. Short Answer Questions:**

 $(5 \times 2=10)$ 

- 1. What is enzyme inhibition? Classify:
- 2. Mention the functions of lysosomes.
- 3. Give four examples for detoxification by conjugation.
- 4. Define clearance. How is it calculated?
- 5. What are Homopolysaccharides? Give Example.

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### February 2010

[KW 1011] Sub. Code: 4702

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First Year

### Paper II - NUTRITION AND BIOCHEMISTRY

Q.P. Code: 664702

Time: Three hours Maximum: 75 marks

Answer ALL questions.

Answer Section A and Section B SEPARATELY.

# SECTION – A (NUTRITION)

I. Essay:  $(1 \times 15=15)$ 

1. What is preservation? Explain methods of preservation.

### II. Write Short Notes on:

 $(3 \times 5=15)$ 

- 1. Essential aminoacids.
- 2. Role of fiber.
- 3. Anthropometry.

### **III. Short Answer Questions:**

 $(5 \times 2=10)$ 

- 1. Nutritional classification of food.
- 2. Two sources of vitamin C.
- 3. What is balanced diet?
- 4. Write any two functions of fat.
- 5. What is osteomalacia and osteoporosis?

## SECTION – B (BIOCHEMISTRY)

I. Essay:  $(1 \times 15=15)$ 

1. What is gluconeogenesis? How is glucose formed from alanine?

## **II. Write Short Notes on:**

 $(2 \times 5=10)$ 

- 1. Chylomicrons.
- 2. Transamination.

## **III. Short Answer Questions:**

 $(5 \times 2 = 10)$ 

- 1. Name the primary and secondary bile acids.
- 2. What is meth hemoglobin? What is its significance?
- 3. What are the different bases found in DNA? How are they paired?
- 4. What is the deficiency manifestation of Vitamin C?
- 5. What is the normal total serum bilirubin level? Mention the name of the test for it?

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